



# National Turner Syndrome Camp

## Packing List

### Toiletries

- Glasses/contacts/cleaning solution
- Health and beauty products
- Sunscreen
- Soap/body wash
- Shampoo/conditioner
- Toothbrush and paste
- Moist towelettes
- Plastic bathroom glass

### Clothing

- Hat
- Bathing suit
- Sunglasses
- Flip flops
- Optional skirt/dress for theater and farewell dinner
- Casual clothes & underwear for each day of camp (we will not have laundry facilities)
- Pajamas

### Personal Items

- Prescription medications (name and dosage on each item)
- Laundry bag for dirty clothes
- Backpack
- Family/friends photos and/or stuffed animal (as long as it's replaceable)
- Camera and spare batteries or throw away camera

### Important Notes:

- If flying, please pack lunch.
- Cell phones are not permitted at camp. You'll need your phone for travel, and we'll collect it on arrival.
- Valuables should be left at home.